



# Extended Absence Return to Play Protocol



**STUDENT IS ABSENT  
FOR 3 OR MORE DAYS**



**BEFORE RETURNING  
TO PRACTICE/PLAY  
STUDENT WILL  
ENGAGE IN  
CONDITIONING AND  
ENDURANCE TESTING  
WITH ATHLETIC  
TRAINER/COACH**



**STUDENT IS RELEASED  
FOR PRACTICE/PLAY  
ONCE STUDENT  
DEMONSTRATES THE  
PHYSICAL  
CONDITIONING  
STATUS NEEDED FOR  
COMPETITIVE PLAY**